



POPPY AND GEOFF SPENCER RELATIONAL EXPERTS AND **WORK-LIFE STRATEGISTS** 

#### **AUTHORS OF -**





### **ACCREDITED BY**







## **INTERVIEWED BY**









# Are you an Eggshell Walker?

Their own communication breakdown three decades ago, shaped who the relationship experts have become today: why they wrote a book, created and patented a tool, and have spoken to hundreds of people about the #1 essential ingredient in any relationship.

"Whether in the bedroom or boardroom, we help you improve your relationships through real communication," is the motto of relationship experts, Poppy and Geoff Spencer, one they learned to put into practice through their many years of communication research. Myers-Briggs Certified, and with 7 years as a psychology professor, Poppy and Geoff created the Emotional Clock®, they successfully use across the country and internationally to revolutionize the way couples and individuals interact and communicate.

# SHOW / STORY TOPICS

- Audiences need to know the 4 words that explain why most relationships fail
- 5 tips to prevent eggshells from landing on the floor in the first place
- The relationship experts reveal 3 secrets on what to do if the person on the other side of the bed is 1000 miles away
- 5 ways to ensure that your spouse or partner is never "just a roommate"
- Relational Experts show 3 immediate applications of the Emotional Clock® to reboot loving communication
- Rekindled Lovers Share the Two Necessary Words for Relationships to Flourish
- 3 easy steps to go from people-pleasing, conflict-avoiding, and enabling to empowerment, once and for all.

## READY TO IMPROVE YOUR COMMUNICATION?

Poppy and Geoff are available for interviews by arrangement. Please see below for contact information or visit relational experts.com for more details.

## **TESTIMONIALS**

"Probably my favorite interview ever!" – Ted Hicks, Host of Late Night Parents radio show

"We enjoyed having Poppy and Geoff on Great Day Washington. It's nice to talk with people with a positive message and a nice disposition. I'm sure our viewers got something of value from their relationship ideas." - Chris Leary, Host of WUSA's Great Day Washington

"What Poppy and Geoff Spencer, shared with us is so important for people, especially now. There are so many people in the world that need the helpers." – 2 Boomer Broads, Rebecca Forstadt-Olkowski and Dr. Sharone Rosen

"Relationship experts, Poppy and Geoff have their own, personal amazing story and it is clear from the start that they use that experience to instruct, guide, and encourage others in their own relationships. They have a way of engaging with people and getting them to open up and communicate and, as a leader, I know that communication is key in any relationship." - Keith Quick, Vice President of Operations, Sarasota Family YMCA