## relational experts



POPPY AND GEOFF SPENCER RELATIONAL EXPERTS AND WORK-LIFE STRATEGISTS

### AUTHORS OF



Available at

Poppy & Geoff Spencer

#### ACCREDITED BY





#### INTERVIEWED BY

CUTTING Loose

Rollins



# Dread the Family Gathering?

With the holidays approaching, there is always a cornucopia of conflict that lurks in and around the dining room table. "Place all communication barriers out and on the table," is the motto of relational experts, **Poppy and Geoff Spencer**.

With their years of communication research, the Myers-Briggs Certification, and Poppy's 7 years as a psychology professor, this couple has the answers to improved communication skills in families.

Added to their years of experience: an innovative trademarked tool and process, the *Emotional Clock*®, they successfully share with audiences around the country.

## SHOW / STORY IDEAS

- 5 Steps to Having Well-Adjusted and Successful Children
- Improve Communication and Conflict Resolution The Emotional Clock® Method
- The 5 Commandments That Blended Families Swear By
- · 3 Ways to Cope with Family Drama over the Holidays
- Smooth the Lumpy Gravy: Let's Talk Turkey About Holiday Table Communication
- Solve #1 Cause of Relationship Conflict in Families
- 3 Instant Messages to Connect the Generations

### **READY TO IMPROVE YOUR COMMUNICATION?**

Poppy and Geoff are available for interviews by arrangement. Please see below for contact information or visit relational experts.com for more details.

## **TESTIMONIALS**

"Probably my favorite interview ever!" – *Ted Hicks, Host of Late Night Parents radio show* 

"We enjoyed having Poppy and Geoff on Great Day Washington. It's nice to talk with people with a positive message and a nice disposition. I'm sure our viewers got something of value from their relationship ideas." –*Chris Leary, Host of WUSA's Great Day Washington* 

"Thanks to Poppy and Geoff Spencer, Certified Relational Experts, for offering their expert advice to the *A Fancy Girl Must* audience (and my own daughters) on getting emotionally ready for school." –*Hilary Morris, President and Founder of Hilary Morris Communications, LLC* 

AVAILABLE FOR INTERVIEWS NATIONWIDE BY ARRANGEMENT